

HOSPITAL BAG CHECKLIST

Keep this checklist with you while packing your bag for hospital. Tick off each item as you pack it. Some of these might not be relevant to you, so just strikethrough them. There is extra space for any additional items you need that aren't on the list.

Item	Packed <input checked="" type="checkbox"/>
Admission Letter	
Medicines/ Current Medication Management Plan	
Pyjamas/ Nightdress	
Dressing gown and slippers	
Comfortable day clothes	
Small hand towel	
Toiletries – soap, toothbrush, shampoo, deodorant, sanitary towels or tampons, razor and shaving cream	
Comb and/ or hairbrush	
Glasses or contacts with case	
Hearing aid	
Dentures and denture case	
Books and magazines	
Healthy snacks	
Small amount of money	
Notebook and pen	
Important phone numbers including your GP's details	
Laptop/ ipad/ mobile phone if allowed	

